

Post-operative Instructions

Root Canal Treatment (RCT)

Though most of the root canal procedures we perform are completed in 1 appointment, root canal therapy may require more than 1 appointment to complete.

Kindly follow the below-mentioned instructions after every RCT appointment-

1. Do not eat or drink anything for the next half an hour. Do not try to feel around your tooth with your tongue. The temporary filling in the tooth takes about half an hour to harden.
2. Do not bite on anything hard as your tooth is prone to fracture until the tooth has been reinforced with a permanent filling or cap.
3. Some part of the temporary filling may shed on its own as it has the tendency to settle with use. In case, the whole filling comes out, please contact us. Till the time you see us in the clinic, place a small pellet of cotton in the respective tooth.
4. Mild pain/discomfort is expected in some cases after root canal treatment. Please take the medication as advised by your doctor. This discomfort usually persists for 2-3 days. In rare situations, this may last for 10 days. You may feel free to contact us/visit us in case of any queries or problems.
5. Please make sure to visit the doctor in time for capping of the treated tooth. If this is not done, the tooth is likely to fracture.
6. In most cases, the root canals cause minimal or no discomfort, however in very few cases there may be some pain or rarely swelling. These are referred to as 'flare-ups'. They are common with badly infected teeth or teeth undergoing retreatment. Sometimes this may also occur randomly in any tooth under treatment. You should not panic and report the condition to your doctor immediately.
7. In case of any emergency, please feel free to contact/visit our clinic.

We wish you a speedy and uneventful recovery!

-Team Indiadens