

Post-op instructions

Veneers/ Laminates

Many Congratulations!! You have undergone one of the finest and non-invasive esthetic restoration procedures for your teeth. Kindly read the following points of care.

1. Numbness of your lip, tongue, or palate may persist for several hours. Do not eat or drink hard and hot food /liquid until the anaesthetic has worn off.
2. Soreness may occur at the tooth, surrounding gums, or the injection sites. If these occur, take analgesic/anti-inflammatory as prescribed by the doctor.
3. When a temporary restoration is made, avoid sticky or crunchy foods to avoid loosening or fracturing of this restoration.
4. After placement of veneer, brush and floss accordingly. Do not chew on ice cubes or other hard objects or continue deleterious habits.
5. Use desensitizing toothpaste if sensitivity occurs.
6. Also, if the bite feels unusual, kindly call the dental office.
7. On rare occasions, damage to the pulp of the tooth may occur following any restorative procedure, if this occurs, further treatment such as root canal therapy may be required.
8. Regular dental examinations are important to maintain the function and appearance of one's veneers etc.

“One smile can’t change the world, but your smile changes ours”

-Team Indiadens